

Resources in Lubbock County

If you have an *emergency*, call 911.

To speak with a Lubbock Police Officer about a non-emergency, call 806-775-2865.

Lubbock Police Department Crisis Intervention Team: 806-775-2905

Lubbock County Sheriff non-emergency: 806-775-1600

National Suicide Prevention Hotline: 1-800-273-8255

MENTAL HEALTH SERVICES

Sunrise Canyon Hospital: 806-740-1421 1950 Aspen Ave.

Crisis Line: 806-740-1414

StarCare: 800-687-7581 3804 IH-27

Oceans Behavioral Hospital: 806-705-7359 4202 Princeton St.

SUBSTANCE/ALCOHOL ABUSE

Lubbock Faith Center: 806-762-8086 2809 Clovis Road

StarCare (O.S.A.R.- Outreach, Screening, Assessment and Referral) 806-740-1421 1950 Aspen Ave

Stages of Recovery- The Door: 806-412-4721 4704 67th

Lubbock Dream Center: 806-793-3336 1111 30th St.

DAY CENTER (18+ only)

Adult Day Activity Center: 806-793-1101 2807 42nd St.

SHELTERS/HOUSING

Salvation Army: 806-765-9434 1614 Ave. J

Open Door: 806-687-2453 1916 13th St

Grace Campus: 806-500-5006 1301 Ave. A

MEAL SERVICES

Salvation Army: 806-765-9434 1614 Ave. J

Breakfast: Mon-Fri at 6:00 am

Lunch: Mon-Fri at 12:00 pm

Dinner: Mon-Fri at 5:00 pm

St. Benedicts Chapel: 806-771-9152 1615 28th St

Dinner: Mon-Sat from 5:00 pm-6:00 pm

VETERANS SERVICES

VetStar: 806-470-9317 3804 I-27 Frontage Rd

Lubbock Veteran's Services: 806-792-9782 3106 50th St

Mon-Fri 8:00 am-5:00 pm//Combat Veterans Only

LEGAL HELP

Legal Aid of Northwest Texas: 806-763-4557 1711 Ave. J

Legal Aid Society: 806-762-2325 916 Main St.

CLOTHING

Lubbock Dream Center: 806-793-3336 1111 30th St.

Resources in Lubbock County

Community Health Center of Lubbock (CHCL)

1610 5th St

Lubbock, TX 79401

Phone: 806-776-4943

Alternate Phone: 806-765-2611

<https://www.chclubbock.org/>

Services: Adult Care, Children, Counseling

Covenant Counseling

3506 21st St.

Lubbock, TX 79410

Phone: 806-725-5443

<https://www.covenanthealth.org/about-us/community-outreach/>

Services: Adult Care, Children, Counseling

Family Counseling Services

5701 Avenue P

Lubbock, TX 79412

Phone: 806-747-3488

<http://www.fcslubbock.org/>

Services: Adult Care, Children, Counseling

Gateways Counseling

2232 Indiana Ave., Suite 1

Lubbock, TX 79410

Phone: 806-799-1033

<http://www.gatewayscounseling.com/>

Services: Adult Care, Children, Counseling

Lubbock Child Counseling

3301 101st St.

Lubbock, TX 79423

Phone: 806-239-3376

<https://www.lubbockchildcounseling.com/index.html>

Services: Children, Counseling

Lubbock Regional MHMR Center

1602 Tenth St.

Lubbock, TX 79410

Crisis Phone: 800-740-1414

Phone: 806-766-0310

<http://www.LubbockMHMR.org>

Services: Adult Care, Children, Outpatient, Counseling, Crisis Services

New Hope Christian Counseling

2545 74th St.

Lubbock, TX 79423

Phone: 806-780-0003

<https://www.nhcclubbock.com/>

Services: Adult Care, Children, Counseling

Refuge Services

8405 South M.L.K. Jr Blvd Lubbock, TX 79404

Phone: 806-748-7202

<http://www.refugeservices.org/>

Services: Adult Care, Children, Counseling

Shiloh Christian Counseling

12402 Slide Rd., Suite 402

Lubbock, TX, 79424

Phone: 806-794-3232

<https://www.shilohcounselingservices.com/>

Services: Adult Care, Children, Counseling

StarCare Specialty Health System

904 Avenue O

Lubbock, TX 79401

Phone: 706-740-1421

Crisis Phone: 800-687-7581

<http://www.lubbockmhmr.org/>

Services: Adult Care, Children, Outpatient, Counseling, Crisis Services

Sunrise Canyon Hospital

1950 Aspen Ave.

Lubbock, TX 79404

Phone: 806-740-1420

<http://www.lubbockmhmr.org/>

Services: Adult Care, Inpatient, Crisis Services

Texas Tech Family Therapy Clinic

1301 Akron Ave.

Lubbock, TX 79415

Phone: 806-742-3074

http://www.depts.ttu.edu/hs/mft/clinical_services.php

Services: Adult Care, Children, Counseling

Texas Tech Psychology Clinic

Psychological Sciences Building, 1800 18th St.

Lubbock, TX 79409

Phone: 806-742-3737

<http://www.depts.ttu.edu/psy/clinic/>

Services: Adult Care, Children, Counseling